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Resources for Helping Your Kids Form a Lifelong Love of Nature

Nature is a part of us, but the typical modern lifestyle means we spend less and less time outside. Adults can suffer from not spending time outdoors, but it affects children in an even more profound way. When kids don't play outside enough, they're less likely to appreciate nature and seek out wild places as adults.

Not only that, being disconnected from nature means kids miss out on countless opportunities to learn, be active, and find peace outdoors. The resources below can help you reverse this trend and get your kids to love and appreciate the great outdoors.

How to Help Your Kids Form an Appreciation of Nature

[Importance of Teaching Our Children to Respect Nature](#)

[5 Nature Conservation Activities Your Child Can Do at Home](#)

[10 Tips for Raising Outdoors-Loving Kids](#)

[10 Reasons Why Your Child Should Join 4-H or FFA](#)
[Get to Know the National Park Service's Junior Rangers Program](#)
[10 Picture Books to Inspire Children to Get Outside and Explore](#)

Turning Nature Appreciation into an Adventure

[5 Reasons to Hike with Your Kids](#)
[4 Tips When Mountain Biking With Your Child](#)
[9 Amazing Reasons to Teach Your Kids How to Fish](#)
[Rafting with Kids: The 411 for Getting Out on the Water](#)
[The Ultimate Guide to Getting Outdoors with a Toddler](#)

How to Make Your Backyard a Haven for Kids and Wildlife

[10 Ways to Start Building a Garden for Wildlife](#)
[10 Plants Perfect for a Kids' Garden](#)
[Everything You Need to Know About Keeping Your Yard Safe for Your Kid](#)
[How Much Does It Cost to Install a Playground or Swing Set?](#)
[14 DIY Bird Feeders for Kids](#)

When kids have enough opportunity and encouragement, they will start forming a love and appreciation of nature. Turning your backyard into an inviting play space is just the beginning. By taking your kids on outdoor adventures, you can help them become outdoor adventurers, too.